

**DAILY MANAGEMENT PLAN**  
**To be completed by the child's physician**

The following are possible signs of an asthma/allergic emergency

- Difficulty breathing, walking, or talking
- Blue or gray discoloration of the lips or fingertips
- Failure of the medication to reduce worsening symptoms

These signs indicate the need for emergency medical care. The following steps need to be taken immediately:

- Call 911
- Call Parent/Guardian

Other information \_\_\_\_\_

Medication to be given at school	Dosage	When to use
_____	_____	_____
_____	_____	_____

Side effects to be reported to the physician \_\_\_\_\_

Does this child have exercise-induced asthma? Yes \_\_\_\_\_ No \_\_\_\_\_

Activity restrictions \_\_\_\_\_

Please check all that apply:

\_\_\_\_\_ I have instructed this child in the proper way to use his/her inhaled medications/  
Epi-pen. It's my professional opinion that \_\_\_\_\_ should be allowed to carry  
and use that medication by him/herself. Parent also authorizes self-medication.

\_\_\_\_\_ It is my professional opinion that \_\_\_\_\_ should not carry his/ her inhaled  
medications or Epi-pen by him/herself. Parent understands student may not carry medication.

\_\_\_\_\_ Please contact my office for instructions in the use of this nebulizer, metered-dose  
inhaler, and/or Epi-pen.

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

**MEDICATION MUST BE CARRIED IN THE ORIGINAL CONTAINER  
WITH THE PHARMACY LABEL INTACT.**

FREMONT PUBLIC SCHOOLS  
School Asthma/Epi-pen Management Plan

Endorsed by the Michigan Asthma Steering Committee of the Michigan Department of Community Health.

This information expires on June 30, \_\_\_\_\_.

STUDENT INFORMATION

Child's name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom teacher: \_\_\_\_\_

Physical Education days and times: \_\_\_\_\_

EMERGENCY INFORMATION

Parent/Guardian Name(s): \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Phone: \_\_\_\_\_

First Priority Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Second Priority Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Severe allergies \_\_\_\_\_

Asthma triggers \_\_\_\_\_

List all current medications including those taken just at home.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

To be completed by the student:

I agree to: 1) never share my medication with another person, 2) carry the medication in it's original properly labeled container, 3) take the medication only at the prescribed time, frequency and dose, and 4) carry a copy of this form with me and present it to the school staff if asked. I am knowledgeable regarding the dose, desired effects, side effects, administration, etc. of the medication. I understand that if I do not comply with this agreement that the medication will be confiscated and returned to my parents/guardians, and the privilege of self-administration/self-possession will be denied.

Student signature \_\_\_\_\_ Date \_\_\_\_\_