# FREMONT HIGH SCHOOL
# NEWS & ANNOUNCEMENTS

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## Wednesday, *October 3, 2018*

**Picture Make-Up Day is Wednesday, Oct 24.**

**Parents, educators, health care professionals, and employers are concerned about the negative affects mobile technology and too much screen time are having on children and teens. SCREENAGERS: Growing Up In the Digital Age is a film created by a physician and mother, Delaney Ruston, who uses a personal approach probing into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics, and internet addictions. Through poignant and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids' development, and offers solutions on how adults can empower kids to best navigate the digital world and find balance. The film is 68 minutes in length.**
**There are four free local showings of SCREENAGERS coming up:**

- **Fremont High School: Mon, Oct 22, 6:30-8pm**
- **Hesperia High School: Mon, Oct 29, 6:30-8pm**
- **White Cloud High School: Mon, Nov 5, 6:30-8pm**
- **Dogwood Center for Performing Arts: Fri, Nov 16, 3:15-4:45pm (NCRESA Staff Meeting, open to public)**

**RSVP at bit.ly/ScreenagersNC. Ages 10 and up only, please.**

**For a preview, details, and resources visit www.screenagersmovie.com**

**Starting this Friday, 10/5 all are welcome to attend the Fellowship of Christian Athletes weekly gathering at the Fremont Wesleyan Church beginning at 7:00 am. Breakfast is provided each meeting so come hungry. Athletes and non-athletes are invited to attend. If you have any questions please see Mr. Vissia.**

## Sports Section:

**http://www.fremont.net/schools/hs/athletic-events/**

**Athletes-remember that pie sales end FRIDAY! Please turn your envelopes and money in to the athletic office by noon Friday.**

**Any Varsity athlete wanting to be a part of the Fremont Varsity Club can pick up an application from Mr. Vissia in room 107.**

**HOME:**
**Wednesday10/3:**
**NONE**

**Thursday 10/4:**
**Boys Soccer vs Shelby**
**JV at 4:30 pm**
**V at 6:00 pm**

**Friday 10/5:**
**V Football vs Tri-County at 7:00 pm**

**AWAY:**
**Wednesday10/3:**
**NONE**

**Thursday 10/4:**
**Girls Golf at Reeths Puffer @ 9:00 am**

**Boys Tennis at Big Rapids @ 4:00 pm**
**Early Dismissal at 2:20 pm**

**Girls Swimming at Ludington @ 6:00 pm**
**Early Dismissal at 3:00 pm**

**JV Football at Tri-County @ 6:30 pm**

**Friday 10/5:**
**NONE**

## Music News:

## Theatre News:

## Freshmen Section:

**CLASS OF 2022**

## Sophomore Section:
**CLASS OF 2021**

**Sophomores: PSAT/NMSQT is a test for sophomores and juniors designed to help them prepare for the SAT. The test scores also let you enter the National Merit Scholarship Corporation competitions for recognition and scholarships. Students who take the PSAT/NMSQT will receive specific, personalized information on the types of skills that the student needs to improve to prepare for the SAT and college. There is a sign-up sheet in the office, sign up today. The PSAT/NMSQT will be administered on Wednesday, October 10 at 8:10 am in room 224 at Fremont High School. For more information see your counselor**

**The ASVAB (Armed Services Vocational Aptitude Battery) will be given Wednesday, October 17 at 8:10 at Fremont High School in room 224. Any sophomore, junior or senior interested in the military should take this test. See your counselor if you have questions. Sign up in the Counseling Office before noon on October 16. There is no cost for this test.**

## Junior Section:
**CLASS OF 2020**

**Juniors: PSAT/NMSQT is a test for sophomores and juniors designed to help them prepare for the SAT. The test scores also let you enter the National Merit Scholarship Corporation competitions for recognition and scholarships. Students who take the PSAT/NMSQT will receive specific, personalized information on the types of skills that the student needs to improve to prepare for the SAT and college. There is a sign-up sheet in the office, sign up today. The PSAT/NMSQT will be administered on Wednesday, October 10 at 8:10 am in room 224 at Fremont High School. For more information see your counselor.**

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## Senior Section:
**CLASS OF 2019**

**ATTENTION HS SENIORS – SCHOLARSHIPS AVAILABLE:**

**Scholarships are available from the Gerber Foundation for all seniors graduating from a Newaygo County high school. Applications and information are available on the Foundation website at www.gerberfoundation.org. Click on the scholarship page. The deadline for the scholarship is February 28th. Students must have a GPA of 2.0 or above to apply.**

**Upcoming College Representatives Visits: Sign up in the Main Office if you are interested in meeting with a representative. Passes for the visit will be handed out the day of the visit.**

**10/4: Aquinas College at 11:05**

**10/11: Mid Michigan Community College at 11:05**

**10/16: Michgan State at 11:05**

**10/25: Grand Rapids Community College at 11:05**

**10/29: Grand Valley at 11:05**

**10/30: Northern Michigan University at 11:05**

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**Upcoming Senior Escape Fundraising Events:**

**ZOMBIE RUN!!!**

**October 20, Branstrom Park**

**Sign up now to either run the race or to be a zombie!!! We are currently looking for runners and zombies of all ages! Questions? Email Courtney @ schwartzmom3@gmail.com. Registration forms are available in the office and online.**

**Senior Parent shirts are still available to order, please email Courtney with your order.**

**Registration forms are also available in the office. The first 50 students to sign up not only save money on early registration but will also receive a FREE refillable Fremont Packer Wesco mug.**

**Senior Escape is also hosting a String / Nail art event on October 14th. Registration forms are available online or in the office.**

## Community Service Opportunities:

**Do you need volunteer hours? The Elementary PTO could use your help with child watch at Pathfinder Elementary during our parent meetings. The upcoming fall dates are: November 19th. Please contact Carrie Crosley for details 231-519-1079.**

## Community Opportunities:

**Fremont High School is participating in Coats for Kids & Adults 2018.**

**We have a collection box in the cafeteria and will be collecting coats from October 1 through November 2. Distribution day for the coats will be held on Saturday, November 10 for more information about the distribution please contact TruNorth at 924-0641, ext 119.**

**Children's Christmas Programs & Toys for Tots:**

**If you are interested the Children's Christmas Program sponsored by TruNorth there are applications in the high school office. They must be filled out and returned to TruNorth by November 22.**