

Fremont Public Schools

2010-11 School Matters

www.fremont.net

August 2010

Fremont
High
School

Fremont
Middle
School



Daisy Brook
Elementary

Pathfinder
Elementary



FPS

Pine Street
Primary
Center

Quest
High School

Quest
Educational
Programs

2010-11 INSTRUCTIONAL HOURS

<u>Building</u>	<u>Full Day</u>	<u>Half Day</u>
Pine Street	8:02 a.m. – 3:10 p.m.	8:02 a.m. – 11:15 a.m.
Pathfinder	8:18 a.m. – 3:26 p.m.	8:18 a.m. – 11:34 a.m.
Daisy Brook	8:07 a.m. – 3:15 p.m.	8:07 a.m. – 11:23 a.m.
Middle School	8:05 a.m. – 3:00 p.m.	8:05 a.m. – 11:05 a.m.
High School	8:15 a.m. – 3:10 p.m.	8:15 a.m. – 11:05 a.m.
Quest	8:05 a.m. – 2:58 p.m.	8:05 a.m. – 11:05 a.m.

First Day of School
Tuesday, September 7, 2010

A Publication of Fremont Public Schools

Administration

Looking Ahead...



What an exciting summer it has been... We have been busy analyzing curriculum, reviewing technology recommendations for our early learners, and have been excitedly watching as workers have begun to work the ground – making way for a new high school.

We do continue to face uncertain times financially, as the State of Michigan continues to remain in a downturn. We have and are continuing to tighten our belts wherever we can – making those changes that effect our classrooms as little as possible. Thanks to your many generous contributions, however, we continually look ahead with great anticipation – focusing on each challenge that comes our way and celebrating each and every opportunity.

- Jim Hieftje, FPS Superintendent
(231) 924-2350



Pictured Here: Work continues on schedule at the site of the new high school as workers continue to shape the ground and work the grade. A mandatory pre-bid meeting for bid package #2 was held on June 30. Bid packages for phase 2 were due in July.



Fremont Public Schools

Open House/Orientation Schedule

2010-11

Date	Time	Building	Grade
Tuesday, August 24	6:30 p.m.	Middle School Big Gym	6 th
Tuesday, August 24	7:15 p.m.	Middle School Big Gym	7 th
Tuesday, August 24	7:15 p.m.	Middle School Big Gym	8 th
Monday, August 30	6:30-7:30 p.m.	Pine Street Primary	Kindergarten
Tuesday, August 31	5:45-6:30 p.m.	Daisy Brook	5 th
Tuesday, August 31	6:45-7:30 p.m.	Daisy Brook	4 th
Thursday, Sept. 2	5:30-7:00 p.m.	Pathfinder	1 st – 3 rd
Thursday, Sept. 2	6:30 p.m.	High School	New Student

School Matters District Newsletter

Administration

Jim Hieftje, Superintendent	(231) 924-2350
Bing Hanson, Director of Financial Services.....	(231) 924-2350
Rob Pouch, Dir. of Athletics/Recreation Enrichment	(231) 924-7373
Jan Kandler-Kartes, Athletic Director's Secretary.....	(231)924-7329
Nancy Sparks, Pine Street Primary Principal.....	(231)924-3530
Bob Cassiday, Pathfinder Principal	(231) 924-7230
Nancy Sparks, Daisy Brook Principal	(231) 924-4380
Ken Haggart, Middle School Principal.....	(231)924-0230
Scott Sherman, High School Principal.....	(231)924-7332
Debra Wightman, High School Assistant Principal.....	(231)924-7347
Tracy Sanchez, Dir. Quest Educational Programs	(231) 924-0470
Eva Houseman, Director of Special Education.....	(231)652-3834
Ryan Ergang, Director of Operations.....	(231)924-8825
Don Vincent, Director of Transportation.....	(231)924-4390
Denise McDaniel, Director of Food Services.....	(231)924-8160
Dianna Dakin, Technology Coordinator.....	(231)924-8190

Board of Education

Anita Osterman	President
Ed Wosinski.....	Vice President
Jim Featherstone.....	Secretary
Phil Harmon.....	Treasurer
Linda Blais.....	Trustee
Matt Hendrie.....	Trustee
Rhoni Kaastra.....	Trustee

Regular School Board meetings are held the second and fourth Mondays of the month at 7:00 p.m. in the administration building. Please call (231) 924-2350 or check the district website at www.fremont.net for more information. The public is invited to attend.

School Matters is published four times each year.
Amber Hogancamp, Editor – Printed by Hi-Lites Graphics Inc.

In compliance with Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990, it is the policy of Fremont Public Schools that no person shall, on the basis of race, color, national origin, sex, age or disability, be excluded from participation in, denied the benefits of, or be subjected to discrimination in employment, programs or activities.

District Contacts

Administration	(231) 924-2350
Pine Street Primary	(231) 924-3530
Pathfinder	(231) 924-7230
Daisy Brook	(231) 924-4380
FMS	(231) 924-0230
FHS	(231) 924-5300
Quest High School	(231) 924-0470
Packers' Pride Childcare/Preschool ...	(231) 924-7435
Recreation Department	(231) 924-3750
Maintenance	(231) 924-8829
Transportation	(231) 924-4390
Food Services	(231) 924-8160
Technology	(231) 924-8190

School Closings & Delays

To inquire about school closings, delays, or other school emergency situations, please call (231) 924-7317.

FPS Transportation 2010-2011

This year, as in the past, Fremont Public Schools will run a single a.m. route with all students, K-12, riding the same bus. All morning school delays will have bus routes with the same morning driver and will be either one hour or two hours later than the normal pickup time.

All students should arrive at their assigned bus stops at least five minutes prior to their scheduled pickup time. Buses cannot wait for late students and keep their schedule for all other stops. Pickup times to start the year will be similar to last year; HOWEVER, during the school year route changes will be made to keep buses operating in an efficient manner. Parents will be notified prior to any changes in writing or calls home for younger students.

Afternoon take-home routes will be the same with all high school and middle school students riding one bus route. However, this year we will be picking up all middle school and Quest students first and then transferring to the high school at 3:06 p.m., where students will depart from the high school at 3:16 p.m. All middle school and Quest students will be required to ride transfer buses to the high school if they are riding buses home. High school and middle school students may be required to walk home from assigned stops up to one mile.

Elementary students will ride a separate bus home in the p.m. Students will depart Pathfinder at 3:35 p.m. Transfer buses will take elementary students from their respective schools to Pathfinder, where they will board their homebound bus. Students will be required to ride only transfer buses to Pathfinder.

Changes will be made throughout the year - in accordance with the guidelines of our district policy on walking distances - as we will need to eliminate town stops for high school and middle school students who live within one (1) mile of their school and elementary students who live within a half (1/2) mile of their school. Your child's student handbook covers any questions you may have on transportation. Please be sure to keep these handbooks throughout the school year for your review.

As parents make changes in child care and as students change residences, PARENTS WILL NEED TO FILL OUT NEW TRANSPORTATION FORMS either at the bus garage or at their children's schools. All children are assigned buses by the address the school has on file for them. Child care records are not kept year to year, as these arrangements often change.

Prior to school, please make sure your children know their bus information, as this helps them get off to a good start and helps eliminate confusion the first day.

If you are unsure of bus schedules, please call the bus garage or your children's schools prior to the start of school. Following school policy, students may ride only their assigned bus to and from school. Any and all changes must be approved by the Director of Transportation and received in writing prior to the change. Please keep in mind that we transport over 1,700 students each day. The purpose of this policy is to protect your children and to make sure they are transported where you, as the parent, and the school expect them to be. If there is a last minute change in plans, we ask parents to contact the school BEFORE THE END OF THE DAY AND HAVE YOUR CHILDREN WAIT AT SCHOOL.

Finally, please note that children in kindergarten, first and second grades will not be dropped off at their bus stops without an older sibling or acknowledgement that a parent or guardian is home.

We thank you for your cooperation in helping us make sure your children reach their destinations safely and on time.

Kindergarten

Kindergarten parents will receive a bus tag with transportation information based on the form you completed. Please check this information for accuracy and be sure your child wears his/her tag for the first couple weeks in order to help ensure correct bus assignment.

School Closings or Delays

Please call (231) 924-7317 (instead of the bus garage or schools). This number is the very first notification of any change in the school day.

Important...

Minimizing Food Allergy Exposure

Fremont Public Schools takes food allergies seriously. We understand that food allergies can be life threatening. Recognizing that the risk of accidental exposure to foods can be reduced in the school setting, we are committed to working with students, parents/guardians, and physicians to minimize risks and provide a safe, educational environment for food-allergic students.

Accordingly, the Superintendent shall direct the person in charge of food service programs to act affirmatively and work closely with parents/guardians to assure that the dietary needs of food-allergic students are taken into consideration in menu planning for the District's food service programs.

Fremont Public Schools Board of Education

2010-11 Board of Education Meetings

2010

August 23
September 13
September 27
October 11
October 25
November 8
November 22
December 13

2011

January 10
January 24
February 14
February 28
March 14
March 28
April 11
April 25
May 9
May 23
June 13
June 27

Kaastra Joins Fremont Public Schools Board of Education

Over the summer, newly-elected Board member Rhoni Kaastra joined the Fremont Public Schools Board of Education.

Rhoni is the daughter of Mike and Sylvia DeKuiper. She and her husband, Kevin, have three kids – Jacob, Samuel, Wyatt.

According to Rhoni, she is excited to have the opportunity to serve on the Board of Education, noting, “I was fortunate to receive a quality education here (K-12). I have young children and am interested in becoming vested for their sake and the sake of their friends. Fremont Schools offer things that other communities just can not top, and I want to make sure we stay that way. I was also actively involved with the ‘Future of Fremont’ and wanted to be sure that one of us from that committee continued to follow through with the privilege of building this new high school for our community.”

Rhoni further noted that her decisions while on the Board “will be made while listening to parents, teachers and administrators alike... Prayer and Christ-led wisdom will be my guide, and I am grateful for the opportunity to serve.”

All meetings will be held at 7:00 p.m. on the second and fourth Mondays of the month and will be held in the administration building Board room located at 220 W. Pine Street, Fremont, MI (unless otherwise noted).

Policy on Drug-Free Schools

In accordance with Federal and State law, the Board of Education prohibits the use, possession, concealment, or distribution of drugs by students on school grounds, in school or on school-approved vehicles, or at any school-related event. Drugs include any alcoholic beverage, anabolic steroid, dangerous controlled substance as defined by State statute, or substance that could be considered a “look-alike” controlled substance. Compliance with this policy is mandatory for all students. Any student who violates this policy will be subject to disciplinary action in accordance with due process and as specified in the student handbooks, up to and including expulsion from school. When required by State law, the District will also notify law enforcement officials. The District is concerned about any student who is a victim of alcohol or drug abuse and will facilitate the process by which he/she receives help through programs and services available in the community. Students and their parents should contact the school principal or counseling office whenever such help is needed.

Rights Regarding Student Records

All parents and guardians of students under 18 years of age and all students 18 years of age or older have the right, pursuant to the Family Education Rights and Privacy Act of 1974, to examine the Fremont Public Schools office records, files and data relating directly to the student. They also have the right to challenge any of the contents of said records to ensure their accuracy and fairness. The procedure for examining students' records simply involves a written or verbal request to the principal of the school. The principal shall, within five school days, provide the parent, guardian or adult student with access to the records. Unusual circumstances allow the principal to issue a notice extending the response time to not more than ten additional days. Should the parent, guardian or adult student wish to challenge the records, an appeal is made to the principal. If the principal decides that the material in question is accurate and fair, and the parent, guardian or adult student disagrees, the principal's decision may be appealed to the Superintendent's office, and eventually to the Board of Education. If it is rejected, the individual must pursue his/her complaint with the Secretary of the Michigan Department of Education.

Destruction of Special Education Records

Personally identifiable special education records no longer needed for educational purposes will be destroyed after a student graduates from high school or reaches age twenty-seven, whichever comes first. Special education records required under state and federal law will be maintained on file without time limits. The aforementioned does not prohibit the periodic cleaning of files of material that is no longer needed, or is not relevant to the educational planning required under state and federal law; i.e., absence excuses, notes from parents, etc.

FPS Special Education

Fremont Public Schools implemented a leveled management approach to Special Education operations at the beginning of the 2007-08 school year. Through this approach, the district's special education programs were run by the Newaygo County Regional Educational Service Agency (NCRESA), with local contacts and supervisors at each development level.

And so the venture continues... NCRESA's Special Education administrative structure will continue to allow school supervisors to focus on initiatives, curriculum and rules and regulations that are most relevant to the grade levels they supervise. They will continue to develop a broad base of knowledge and skills relative to all aspects of special education, but their narrowed focus will allow them to maximize their time and resources as they assist staff in maximizing student achievement.

The special education supervisors are excited to once again begin their work with the special education staff, students and parents at Fremont Public Schools. If you are interested in speaking with any of the special education supervisors or have a concern, please do not hesitate to give them a call...

High School Supervisor	Lon Smith	(231) 652-3895
Middle School Supervisor	Jera Adams	(231) 652-3616
Elementary Supervisor	TBA	(231) 924-8851
Learning Support Supervisor	Jane Dezinski	(231) 924-8916
Monitor and Planner	Steve Yonker	(231) 924-7917
Director of Special Ed., NCRESA	Eva Houseman	(231) 652-1638

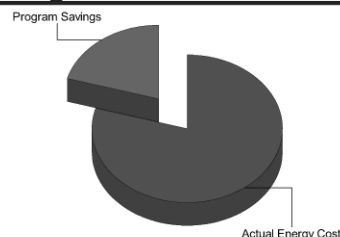
- Eva Houseman, NCRESA Director of Special Education

The Savings Continue

Since its inception, Fremont Public Schools' Energy Management program has saved the district nearly half a million dollars and has received recognition annually for its energy-saving efforts. Program savings are shown here...

Cumulative Cost Savings

Expected Energy Costs	\$2,166,480
Actual Energy Cost	\$1,722,508
Program Savings	\$443,972
Savings Percent	20.49%



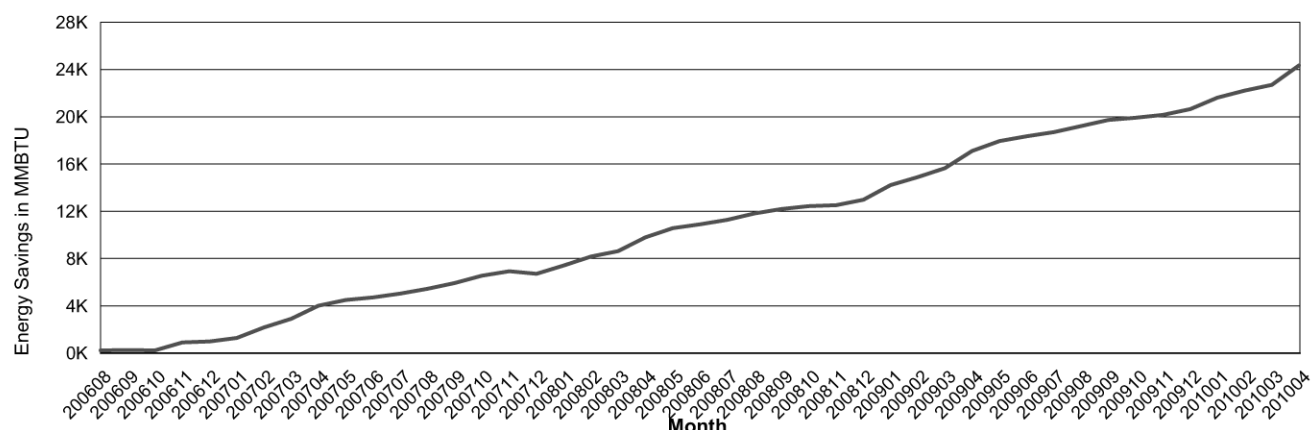
Cumulative Greenhouse Gas Reduction

Energy Reduction Impact: 24,342 MMBTU 2,528 equiv. metric tons of CO2

This is equivalent to the following:

Passenger cars not driven for one year:	454
Tree seedlings grown for 10 years:	64,652

Cumulative Energy Savings



FPS District Policies

Families must know district policies and state/federal regulations. Although these notices are lengthy, they are written in common language. It is important that parents and guardians of students attending Fremont Public Schools take time to read over the following summary of legal notices from State and Federal regulations and local policies that impact education. FPS Board policies may also be found on the district's web site at www.fremont.net.

Americans with Disabilities Act

Fremont Public Schools has evaluated its facilities, services, policies and practices as required by Title II of the Americans with Disabilities Act of 1990 and its implementing regulations. Individuals with disabilities, and other interested parties, are invited to participate in an ongoing assessment by contacting the Superintendent at the Administration Offices, 220 W. Pine Street, Fremont MI 49412. Other inquiries about the Americans with Disabilities Act may be made to: U.S. Department of Justice, Washington D.C. 20530.

Vision/Hearing Screening

The Newaygo County Health Department is required by law to provide hearing and vision screening to pre-school and school-age children. Technicians are in our schools providing this service at certain grades throughout your child's school experience. If you do not wish to have your child screened for vision and hearing, please notify your school office.

Medications

Parents/Guardians- If you have a student who needs daily or as needed medications, please stop by your school office to complete the necessary forms. All prescription medication must have a physician's instructions and signature to be given at school. Prescription and over the counter medications must be brought in their original containers. Students may carry their inhaler or epi-pen with the proper paperwork signed by their physician, parent and school nurse. This needs to be updated every year.

Pine Street: A Nut-Free Environment

We have students who have severe allergies to peanuts this year. As we have done more research on this subject, we have determined that we need to make Pine Street Primary Center a nut-free environment. This means there will be some changes as to how we do business.

We are requesting that parents do not bring any homemade treats. While this is a great treat for some of us, for others it can be life-threatening. Even though there might not be peanuts in the treats, there is a great concern for cross-contamination. If you would like to offer a treat to the students in the classroom, please consider non-food treats or prizes. This also helps when we teach students good nutrition. All of our treats don't have to be food.

Any food containing peanuts will not be served in our lunchroom. We are requesting that parents not send any food to school that contains nuts. This also means no peanut butter and jelly sandwiches. We recognize that this is a main food for many of our students, but it is life-threatening to several of our students.

To maintain the safety of our students, FPS has done the following to help keep everyone safe:

- Grouped all students who have peanut allergies into one room.
- Changed our menu to a "peanut free" menu.
- Required parents to send lunches and snacks that are peanut-free.
- Prohibited homemade snacks.
- Encouraged parents to send in non-food treats.
- Instituted training for all staff who will be working with students.
- Required all staff and students to wash hands immediately upon entering the building and after lunch.

Please help us by cooperating with our requests. We are doing what we can to keep everyone safe. If you have any questions or concerns you may call Pine Street Primary Center Principal Nancy Sparks at (231) 924-3530.

Smoke-Free Policy

In the interest of providing a safe and healthy environment for students, employees and visitors, and in accordance with the Michigan Clean Indoor Act, P.A. 198 of 1986, SMOKING IS PROHIBITED in all school district facilities. Additionally, there will be no use of tobacco products on district grounds anywhere or at anytime. The use of tobacco products by any persons in violation of this policy will result in disciplinary action. The Tobacco Free Schools law makes the violation of this policy a misdemeanor with a fine of \$50.

Advisory to All Parents

Fremont Public Schools has adopted an Integrated Pest Management program. Inherent with this are the District's efforts to reduce pesticide use as much as possible. While it may occasionally be necessary to apply a pesticide, these will only be used as a last resort. This program does not rely on routine pesticide applications to resolve problems. We use various techniques such as habitat alteration, sanitation, mechanical means, exclusion, etc. to prevent pest from becoming a problem.

You will receive advanced notice of the application of a pesticide, other than a bait or gel formulation at your child's school. This advance notice of the application will be given 48 hours before the application. The law requires us to do this notification by using two methods. The first method required by the law is the posting at entrances to your child's school. The second method we are going to use is the posting in a common area located by the main office of the school. Parents are also entitled to receive this notice by first-class United States mail postmarked at least three days before the application. If you would like to be notified by mail please contact the Operations Department at the following number (231) 924-8829. Please give the Operations secretary your name, mailing address and what school your child attends.

In an emergency (for example, a bees nest), pesticides may be applied without prior notice, but you will be provided notice following any such application.

You may review our IPM program or pesticide application records for your child's school by calling or e-mailing the District's Director of Operations at phone number (231) 924-8829 or e-mail address: regang@fremont.net. This number or e-mail may also be used when school is not in regular session.

- Ryan Ergang, Director of Operations

Please cut here and return the bottom portion to Fremont Public Schools, 220 W. Pine Street, Fremont, MI 49412, Attn: Ryan Ergang if you wish to be notified of pesticide applications by mail.

PESTICIDE PRIOR NOTIFICATION NOTICE

School: _____

Parent/Guardian Name: _____

Student Name: _____

Address: _____

City: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Please select the appropriate response:

_____ A. Yes, I/we only want to be notified whenever any scheduled major pesticide application is made such as turf, aerosol spray.

_____ B. Yes, I/we want to be notified even when an ant trap, small bait application or other least-toxic application is made.

Parent Signature: _____ Date: _____

Required Immunizations

Michigan law requires that all students must be immunized against communicable diseases in order to attend school. The State of Michigan Health Department and Newaygo County Health Department determines the requirements and exclusion date. Fremont students who are not up-to-date on their immunizations will be excluded from school. Required immunizations have changed for the 2010-11 school year. Please review the updated requirements (shown below). **BE WISE, IMMUNIZE!**

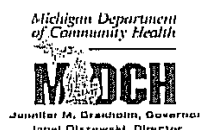
Required Childhood Immunizations for Michigan School Settings

Entry Requirements for All Public & Non-Public Schools		
Age → Vaccine**↓	4 years through 6 years	7 years through 18 years including all 6th grade students
Diphtheria, Tetanus, Pertussis	4 doses DTP or DTaP, one dose must be on or after 4 years of age	4 doses D and T OR 3 doses Td if #1 given on or after 7 years of age. 1 dose of Tdap for children 11 through 18 years IF 5 years since the last dose of tetanus/diphtheria containing vaccine.
Polio	4 doses, if dose 3 administered on or after 4 years of age, only 3 doses are required	3 doses
Measles,* Mumps,* Rubella*	2 doses on or after 12 months of age	
Hepatitis B*	3 doses	
Meningococcal	None	1 dose for children 11-18 years of age
Varicella* (Chickenpox)	2 doses of varicella vaccine at or after 12 months of age OR current lab immunity OR reliable history of disease	

* Current laboratory evidence of immunity is acceptable instead of immunization with antigen.

For more information, please refer to www.michigan.gov/immunize

**All doses of vaccines must be given with appropriate spacing between doses and at appropriate ages to be considered valid.



Family Educational Rights and Privacy Act

The Family Educational Rights and Privacy Act of 1974 requires that school districts inform parents whenever information on a student is being released by the school district unless the information being released can be defined as "directory" information. Directory information may be published by the school district in school yearbooks, school information sheets, school newspapers, school bulletins, school athletic programs or other materials released to public sources. Fremont Public Schools has identified the following as directory information:

- Student's name
- Student's address
- Student's grade level

This information will, as a general rule, be released by the school district without prior written consent from the parent, guardian or adult student. The purpose of this notice is to inform parents in the school district of that information, which is considered directory information and to provide the parent, guardian or adult student the opportunity to object to the release of that information. If a parent, guardian or adult student objects to the inclusion of specific information, the Fremont Public Schools will honor the objection and will not release the information without written consent of the parent, guardian or adult student. For purposes of this notice, adult students are considered to be students who have reached the age of 18 and attend Fremont Public Schools. If you wish to request that specific information about your student be withheld, please contact the principal of the student's school who will, in turn, notify the district administration office.

Policy on Bullying

Board Policy states that bullying is a form of harassment. For the purposes of this policy, “bullying” is defined as: “The repeated intimidation of others by the real or threatened infliction of physical, verbal, written, electronically transmitted, or emotional abuse, or through attacks on the property of another. It may include, but not be limited to, actions such as verbal taunts, name-calling and put-downs, including ethnically-based or gender-based verbal put-downs, extortion of money or possessions, and exclusion from peer groups within school.” Such conduct is disruptive of the educational process and, therefore, bullying is not acceptable behavior in this district, and is prohibited.

Students who engage in any act of bullying while at school, at any school function, in connection to or with any district-sponsored activity or event, or while en route to or from school are subject to disciplinary action, up to and including suspension or expulsion. As may be required by law, law enforcement officials shall be notified of bullying incidents.

The Superintendent shall develop administrative regulations and programs that will increase awareness of the problem of bullying, and train teachers and other staff to effectively intervene if bullying is witnessed in their presence or brought to their attention. In designing administrative regulations and anti-bullying programs or strategies, the Superintendent should consult with the greater school community, including students.

This policy shall not be interpreted to prohibit a reasoned and civil exchange of opinions or debate, that is protected by state or federal law.

Asbestos

In compliance with the Environmental Protection Agency’s Asbestos Hazard Emergency Response Act, the Fremont Public School District is informing all occupants and their guardians of asbestos-related activities for the district’s buildings. Asbestos management plans for each building are available for review in the school’s administration office. The following activities are planned for the 2010-11 school year:

- all Fremont Public School buildings will receive a six-month surveillance in December and June
- maintenance of existing asbestos in district buildings will continue to be performed to ensure asbestos fiber release is contained to protect human health and the environment
- all asbestos abatement repair will be scheduled after regular school hours and performed and monitored by state accredited employees in compliance with AHERA regulations.

Project FIND

Finding Children Who Need Special Attention

All children need special attention while growing up. Some require more than others. Children grow and develop at different rates. Some may require special services. For example:

If your preschool child (0-6)

- is developing or learning more slowly than other children...
- is three years old and does not talk or cannot be understood...
- has a physical or other health problem...

If your school-age child (6-18)

- has been retained more than once because of limited achievement...
- is in the third grade and does not read or write...
- has social or emotional problems that cannot be handled by the child’s school...
- is in middle school and is functioning below third grade level in reading, writing and arithmetic skills...

If your young adult (18-25)

- has dropped out of school or is in high school and...
- cannot perform normal tasks...
- reads or writes below third grade level...
- has severe social or emotional problems...

...then your child or young adult may need free support services which begin with testing. Michigan law requires that special education programs and services be made available for persons, birth through 25 years of age, with mental, emotional, physical, health, hearing, vision, speech, language, developmental or learning problems. Services offered include: small classes, specially trained teachers, equipment and materials, and vocational planning.

If help or information is needed, call/write to the Director of Special Education at (231) 652-1638.

Notice of Non-Discrimination and Grievance Procedures for Titles II, VI, VII, IX, Section 504, Age Act and Americans with Disabilities Act (ADA)

The Board of Education declares it to be the policy of this school district to provide an equal opportunity for all students, regardless of race, color, creed, age, disability, religion, gender, ancestry, national origin, place of residence within the boundaries of the district, or social or economic background, to learn through the curriculum offered in this district. If any person believes that the Fremont Public Schools, or any part of the school organization, has inadequately applied the principles and/or regulations of (1) Title II, VI or VII of the Civil Rights Act of 1964, (2) Title IX of the Education Amendment Act of 1972, (3) Section 504 of the Rehabilitation Act of 1973, (4) the Age Act, or (5) the Americans with Disability Act, he/she may bring forward a complaint, which shall be referred to as a grievance.

The person who believes he/she has a valid basis for grievance shall discuss the grievance informally on a verbal basis with the local coordinator (FPS Director of Financial Services) who shall in turn investigate the complaint and reply with an answer to the complainant. He/she may initiate formal procedures according to the following steps:

Step 1: A written statement of the grievance signed by the complainant shall be submitted to the coordinator within five (5) business days of receipt of answers to the informal grievance and reply in writing to the complainant within five (5) business days.

Step 2: If the complainant wishes to appeal the decision of the local coordinator, he/she may submit a signed statement of appeal to the Superintendent of Schools within five (5) business days after the coordinator’s response. The Superintendent shall meet with all parties involved, formulate a conclusion and respond in writing to the complainant within ten (10) business days.

Step 3: If the complainant remains dissatisfied, he/she may appeal through a signed, written statement to the Board of Education within five (5) business days of receipt of the Superintendent’s response in Step 2. In an attempt to resolve the grievance, the Board of Education shall meet with the concerned parties and their representatives within forty (40) days of the receipt of such an appeal. A copy of the Board’s disposition of the appeal shall be sent to each concerned party within ten (10) business days.

Step 4: If, at this point, the grievance has not been satisfactorily settled, further appeal may be made to the U.S. Department of Education, Office of Civil Rights, 600 Superior Avenue, Room 750, Cleveland OH 44114.

Inquiries concerning nondiscriminatory policy may be directed to Director, Office of Civil Rights, Department of Education, Washington, D.C. 20201. A copy of each of the acts and the regulations on which this notice is based, may be found in the Fremont Public School Administration Office.

Pine Street

Primary Center

Preparing for Another Great Year!

Dear Pine Street Friends:

The warm weather fools us into thinking there are many days of summer to come, but the start of school is sneaking up on us quickly!

The staff and I look forward to meeting our new students and their families. It is always exciting to meet the new students who are just beginning their educational journey with Fremont Public Schools.

The maintenance staff has been working hard to get the building ready for a new school year. GRBS has been busy cleaning the building and teachers have met at various times throughout the summer to discuss new ideas.

We are looking forward to the start of school on Tuesday, Sept. 7, 2010.

Have a great rest of the summer. We will see everyone at the Pine Street Primary Open House on Monday, August 30 at 6:30-7:30 p.m.

- Nancy Sparks
Pine Street Primary Center Principal



Pictured Here: Pine Street Primary Center students celebrate the end of their first year of school and the beginning of summer...



Pathfinder Elementary

Perfect Attendance Pays Off

Representative Stacy Jordan provided Pathfinder principal Bob Cassidy with two bikes – courtesy of Horace Mann Insurance. Eight boys and two girls had perfect attendance throughout the year, which provided them with the opportunity to win one of the two bikes.

Congratulations to Ethan, who won the boy's bike and to Janelle, who won the girl's bike. Perfect attendance does pay off!



Technology to Enhance Pathfinder Learning

Pathfinder elementary students are in for a surprise when they venture to school next month.

Over the course of the summer, wireless networking, technology carts, classroom audio/video equipment, and more than 100 computers were installed at the elementary. These technological upgrades were part of a year-long venture to explore technology in education. After reviewing the available technologies and their impact on the classroom, the technology committee made its recommendation – one the Fremont Public Schools Board of Education unanimously approved.

Equipment is expected to be installed before the start of school.

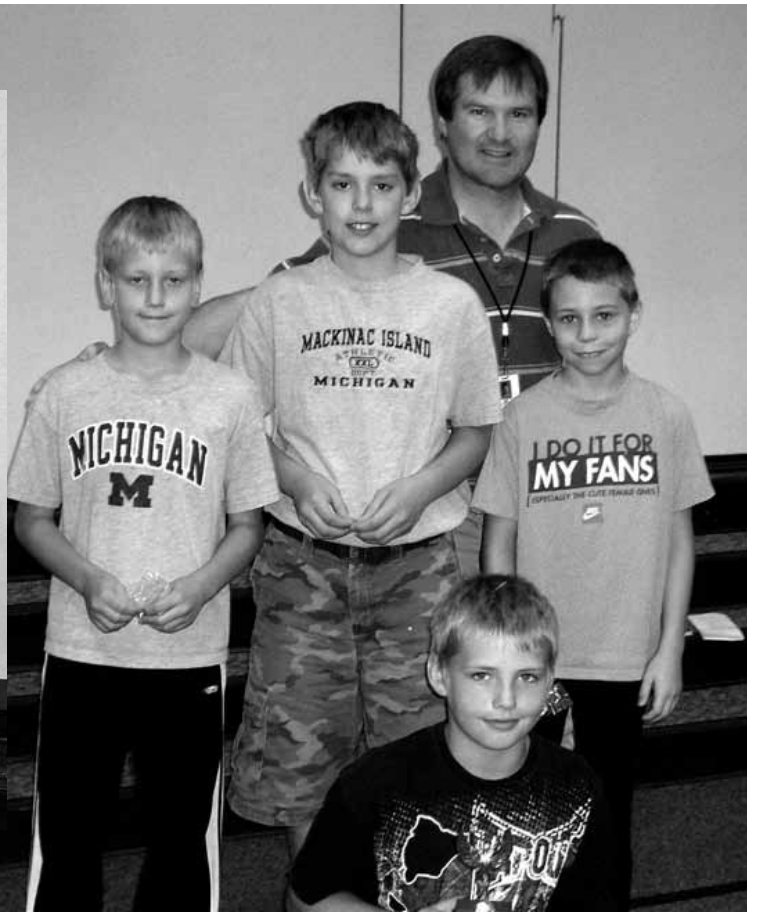
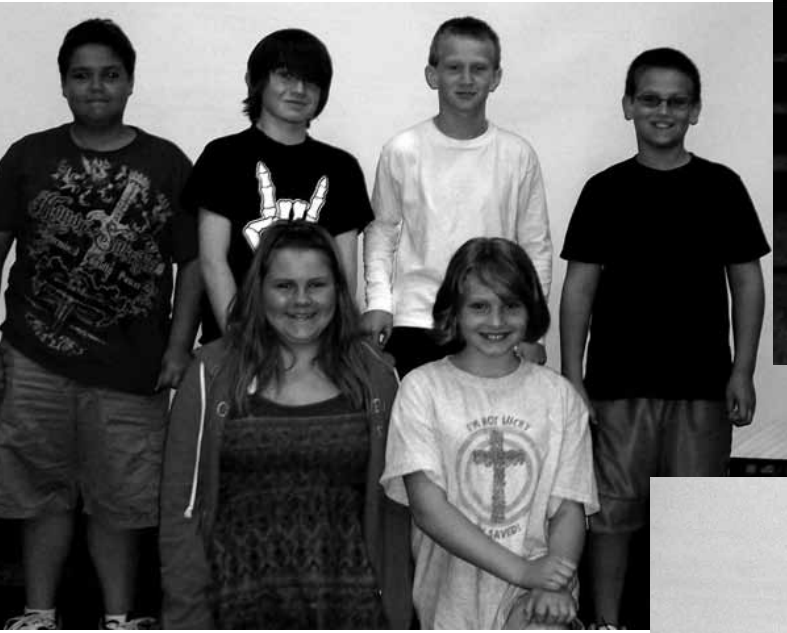
Thank you to everyone for your help on this endeavor. These technological upgrades would not be possible without your support of the technology millage – Thank you!

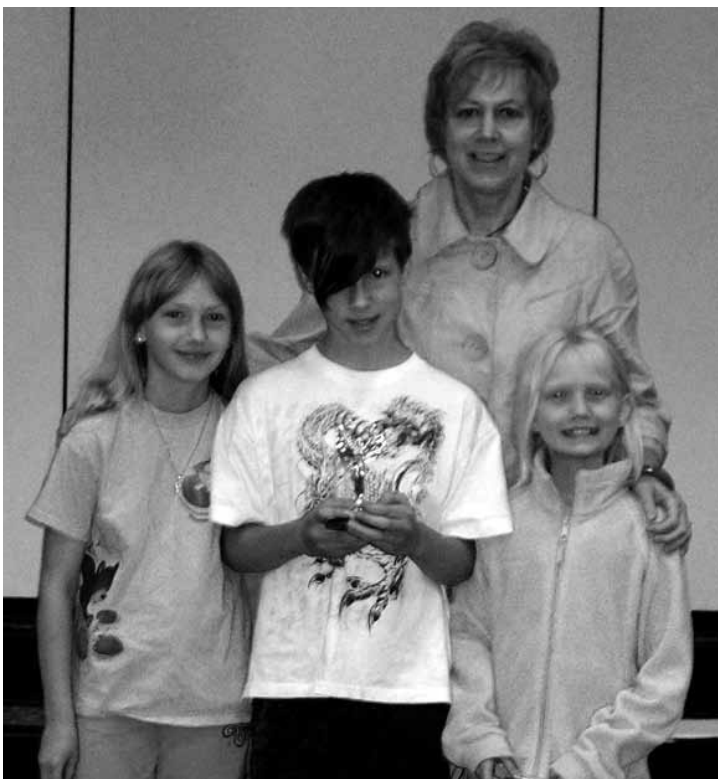
Daisy Brook Elementary

Celebrating One Year – Preparing for Another

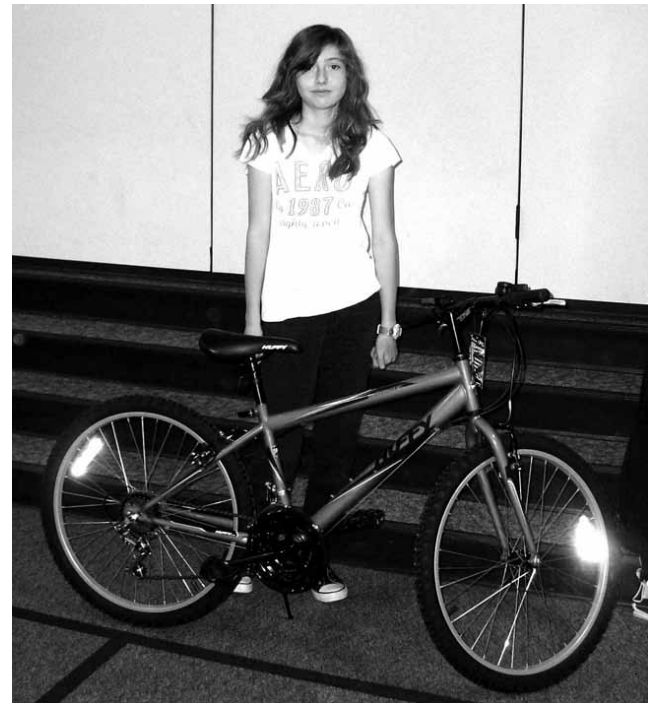
Following a busy 2009-10 school year, Daisy Brook honored some exemplary students...

Pictured here are Daisy Brook students who received ProSolve (a math enrichment activity) awards. The top 20 percent of students in each grade received the award, with the trophy going to the top achiever in each class.





Charlotte and Maddie won the Horace Mann Outstanding Attendance Award for fifth and fourth grades respectively. Both students were received a nice bike.



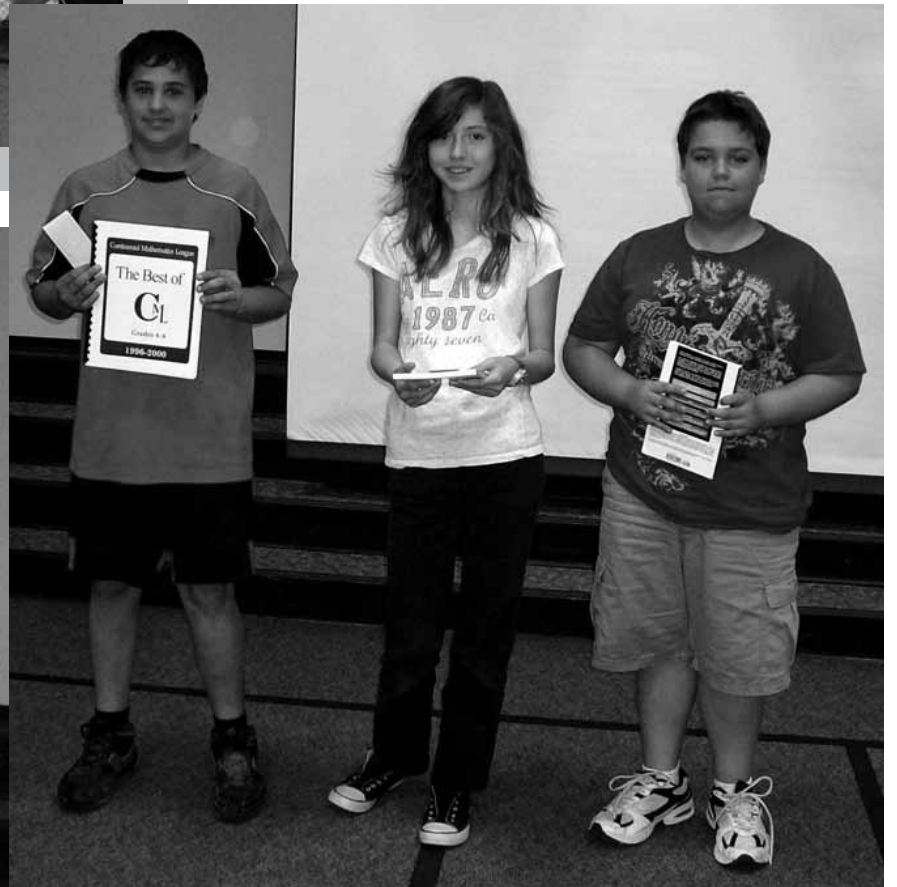
Mrs. Mellema is shown here, along with the 2009-10 fifth-grade choir.



Shown here are the 2009-10 student council members. Mr. Henry was the student council advisor. Henry helped guide a large group of fourth- and fifth-grade students through a variety of activities to improve both themselves and the school.



Students were also recognized for their involvement in Math League – an enrichment activity led by Mr. Kallenbach (fourth grade) and Mrs. Hughes (fifth grade).



Jane Vitek presented NCCS Camp Newaygo Scholarships to the fourth-grade outstanding female science students and their alternates, as well as the fifth-grade outstanding male and female math students.



Kaastra Named 'Future Middle School Student'

Samuel Kaastra, a fifth-grade student from Mrs. Hanna's class last year, was recently nominated to the Junior National Young Leaders Conference in Washington, DC.

Future Middle School students are nominated because they have shown strong academic skills, maturity, and leadership potential.

The conference involved spending a week in our nation's capitol, developing character and leadership qualities in the context of historical events, and visiting monuments and museums. The conference concluded with a project that utilized discussion and demonstrated public speaking skills.

Congratulations Samuel!

Fremont Middle School

Adventure, Education, and Service in the Amazon!

This summer, 38 students, parents and teachers traveled to the Amazon rainforest of Peru for an exciting trip of a lifetime. After preparing for more than a year, raising money, attending meetings, traveling to Chicago's Brookfield Zoo and Shedd Aquarium, camping out at Camp Newaygo, and finally attending summer school, we were ready to take off on June 17.

Highlights of this year's trip included a day of service in the small community of Irlanda. This village is made up of about 30 families – around 300 people. Everyone in the village, from small children to adults, came out to work with us on several projects to improve their community. The projects included building a bridge, digging a ditch to lay water pipe, planting trees, painting houses, building a playground and hauling bags of very heavy cement. Our students worked extremely hard, never complained, and accomplished a great deal in a short amount of time. We celebrated our hard work with music, dancing, and a rousing game of soccer with the villagers.

Our days and nights were spent in the jungle hiking, studying insects, learning the ways of the Yagua Indians, exploring the canopy, and playing in the Amazon mud. Our featured scientist this year was Doctor Steve Yanoviak, who specializes in the study of ants. Dr. Steve shared his discovery of gliding ants from the canopy walkway. These ants actually bend their bodies in such a way that they glide back safely to a tree after "accidentally" being dropped from the canopy walkway 100 feet above the ground.

The canopy walkway connects 14 trees with suspension bridges and platforms. It reaches a height of 120 feet and some of its longest spans reach 100 feet across the canopy. We were delighted to observe the rainforest from the canopy, as well as witness the sunrise and sunset.

Our native guides were fantastic - as always. This year, Science Teacher Terry Grabill traveled along with our group. Mr. Grabill, as his students know, loves birds. He was delighted to spot over 120 species of birds that he had never before seen (with the help of his guide, Percy).

Another highlight of the trip was when we visited the Yagua people and learned about their culture. This group of indigenous people is disappearing as more and more young adults want to live in the city of Iquitos in search of a better life. From blowguns to shaman remedies, the life of these people was intriguing to us all.



-Lynn Thomas, FMS Teacher/Trip Advisor



Students Enjoy Summer Orchestra

More than 30 Fremont Middle and High School students have taken advantage of a wonderful opportunity this summer – the Fremont Public Schools Summer Orchestra!

Almost every Monday night throughout the summer, students gathered together to play their instruments and have a good time in the middle school rehearsal room. FMS students played from 7:00–8:00 p.m. and FHS students gathered from 8:00–9:00 p.m. The students worked on ensemble and orchestra music, as well as some fiddle tunes.

Fremont High School

Back to School

It is hard to believe, but summer is quickly coming to an end. “Back to School” sales are filling the newspapers and students are starting to think about returning to school. I am very excited to begin the new school year and I can’t wait to get the students back in school!

As parents, students and staff prepare for the new school year, it is important to note the new ranking system. Beginning with this year’s freshmen, the class of 2014, students will be ranked according to our current Senior Scholar Ranking System. This ranking is calculated by taking a senior’s unweighted grade point average (GPA) and multiplying it by 250 and then adding that total to the student’s ACT score multiplied by 27.778. In its basic form, a student’s GPA will account for 50 percent of the ranking and the student’s ACT score will account for the other 50 percent.

In order for the ACT to count in the ranking system, the test must be taken no later than February 1 of the student’s senior year. Students must achieve no less than a cumulative 3.7 GPA at the end of their second semester of their senior year to be included in the top 25 students. The change is designed to encourage students to take upper level classes that will impact their testing scores.

We also have staffing changes for the new school year. Ms. Kay Brennan retired after many years of service to Fremont Public Schools and Mr. Jamie Kober returned to the world of business. Both will be missed greatly by our students and staff.

Mr. Topher Hansen will be joining our staff. He is an experienced teacher who brings a wealth of technology-driven lessons to our facility. We are pleased to have him join our staff. Ms. Emily Jones will also be coming to Fremont High School. Ms. Jones will serve as our new science teacher. She was clearly the best candidate in a large pool of candidates. We are very excited to welcome her to our community.

If you have any questions, please feel free to call my office at (231) 924-5300.

-Scott Sherman, FHS Principal

FHS Athletics

What an amazing year it has been in the world of athletics at Fremont High School. We had many success stories during the 2009-2010 school year... conference championships, district championships, team academic all-state, and numerous individuals receiving all-conference, all-area, and even all-state honors.

As one school year comes to a close, it is time to start looking forward to the next school year. Required practices for all fall sports start August 11, with the exception of football, which starts August 9. Below is a list of coaches for fall sports. Please contact them with any questions...

Cross Country - Cliff Somers
Football - Rob Pouch
Girls' Golf - Dave Wojecki
Boys' Soccer - Steve Vissia

Girls' Swimming - Mary Pekel
Boys' Tennis - Dusty Maxson
Volleyball - Tressa Wenk

Physicals must be on file prior to athletes participating in summer practices. If you have any questions, please feel free to contact the athletic office. We have greatly appreciated your support throughout the 2009-2010 school year and we look forward to building on our success during the 2010-2011 school year.

Memorial Golf Outing Huge Success

The First Annual John Stariha Golf Outing was held on July 10. Twenty-six, four-man teams participated in the memorial scramble, which was held at the Village Green Golf Course. The first of its kind, the scramble raised money for the Fremont Wrestling Program.

The scramble’s winning team was comprised of Kevin, Troy, Ron, and Doug.

Triple A Trophies and Oosting and Burt sponsored the event – dozens of others contributed, making this event a huge success. Thank you everyone! Go Packers!



Looking Ahead...

New Student Orientation - September 2, 2010 – 6:30 p.m.

Picture Day - September 9, 2010

Picture Retakes - October 14, 2010

Homecoming Game - September 24, 2010

Homecoming Dance - September 25

Alverson Named to All-State Team

Congratulations to Third-Baseman Marissa Alverson for being named to the All-State softball team for the second year in a row.

Marissa ended her career with 33 home runs, which puts her in fourth place in the state's record book. She also occupies second place in the all-time state record book with 17 home runs in one season.

Marissa played in Michigan's All-Star game on July 21 and will continue her career playing for Muskegon Community College, the defending National Champions.



State Leadership Conference Held

On Thursday, July 8, the Fremont FFA officer team woke up bright and early to attend the State Leadership Conference for Chapter Officers (SLCCO). Chapter officers from all over the state of Michigan attended the two-day conference, which was held at the Lexington Hotel in Lansing. The conference was planned by the Michigan State FFA Officer Team. This year's theme was, 'Growing with the Seasons.'

After checking into the hotel, the officers gathered to listen to opening ceremonies from the 2010-2011 state officer team. The SLCCO participants then heard a presentation on "risk management" from John Mangus. He discussed the 'risk' of farming.

Throughout the two days, chapter officers attended three sessions led by the state officers. There, they learned the necessary skills to become better leaders and to become more successful within the FFA. After each session, the individual chapters broke off for reflection time to discuss what they had learned. After the business was taken care of, a dance was held for everyone to have some fun and meet new members. The next day started early with a flag raising ceremony outside the hotel.

Also at the Lexington Hotel was the State Leadership Conference for Regional Officers (SLCRO). Two members of the Fremont FFA officer team are serving as regional officers this year - Caitlin is serving as the Region V Secretary and Max is serving as the District I Vice President. Both attended SLCRO, where they learned the skills to become better leaders.

Overall, the state officers did a great job coordinating the event and many chapters went home with new ideas to make their chapters grow and have a successful year.

FFA Leaders Explore Washington D.C.

Three Fremont FFA members spent a week in Washington D.C. as part of the Washington Leadership Conference. Max, Caitlin, and Rachel joined approximately 250 other FFA members from across the country in our nation's capitol during the third week of June. During the conference, the FFA members toured the city, grew in their leadership abilities and met a ton of new people. Caitlin had this to say about the trip...

"I never would've guessed that one week, one trip, and 250 FFA members could change my life. While at the conference, I was able to learn what it means to be an "Authentic Leader" and how to serve my chapter. I never thought that I would grow so much as a person, but I really have. I am extremely grateful to all of the wonderful people that I met - I'll definitely never forget them! One of my favorite parts of the conference was being able to tour the city and see all of the monuments, memorials, as well as the city of Washington D.C. We've all sat through history class and learned about the past of our country, but it wasn't until I was walking through Arlington National Cemetery that I realized the true meaning of sacrifice."

Over the past five years, the Fremont has sent 13 FFA members to the Washington Leadership Conference. The trip is made possible each year largely because of a grant provided by the Gerber Foundation. Before the grant, the trip was simply too expensive for many students to attend. Thank you to the Gerber Foundation for the continued support!



FFA Cleans UP

Imagine an exciting way to help the environment! That is exactly what the Fremont FFA did while canoeing down the Muskegon River on June 12 – collecting trash that had been dumped or left.

Mr. Smith and Mr. Pell kindly chaperoned the event, canoeing along with eight members from the Fremont FFA. All together, the ten people paired up in five canoes. Armed with burlap sacks, the members rode on buses 20 minutes upstream from Wisner's Canoe Rental in Newaygo. It took about three hours to canoe all the way back to Wisner's and pick up floating trash along the way. The group found everything from glass bottles and shoes to tires and bowls.

It was a great way to kick off the summer events within the FFA and hopefully it will become a regular summer event and grow in popularity among the members.

Quest Educational Programs

Quest High School

Quest High School is a high school for “at risk” students that offers a variety of learning styles and opportunities for its students. Quest offers an alternative to the traditional school setting through smaller class sizes, personal attention, teacher-directed learning opportunities, computer-based learning opportunities, and hands-on and experiential learning.

In addition to academics, Quest High School participates in the Michigan Alternative Athletic Association playing flag football, boys’ basketball, girls’ volleyball and co-ed softball. Quest High School students will also have the opportunity to participate in drum line and ski club.

For more information, please call (231) 924-0740.

Continuing & Higher Education

Adult Education Classes

Quest Educational Programs offers a variety of Adult Education classes to meet the needs of adult students. We offer...

ABE - Adult Basic Education courses for students whose math and reading skills are below an eighth-grade level. These skills help prepare students for enrollment in a GED or High School Diploma program.

GED – A GED preparation course will assist students in finding the areas they need to study to successfully complete the GED testing series.

HSC - High School Completion courses are classes in a variety of subject areas that - upon completion - students earn high school credit towards a diploma.

ESL - English as a Second Language classes are designed for students whose native language is not English. ESL classes cover a wide range of topics such as conversation, grammar, life skills and civics.

Evening Options Course

Evening Options course is a high school diploma course for students age 17- 20 not currently attending school who wish to earn their high school diploma. Classes are personalized so you may work at your own pace. All classes are computer-based learning.

Credit Recovery

Credit Recovery courses are offered throughout the year to high school students to make up credits for high school. Approval to attend these classes needs to come from the high school the student is currently attending. The cost is \$125 per half-credit course.

Packers’ Pride Child Care and Pre-School

Packers’ Pride Child Care and Pre-School offers opportunities for your child to explore, manipulate, discover, to make choices, and to create through age-appropriate materials, equipment and activities. Some activities include:

Circle Time
Open Ended Science, Math and Writing Centers
Child Library
Field Trips/Guest Speakers
Outside/Gym Time
Enrichment Opportunities

We strive for excellence in providing nurturing care and education of your infant through kindergarten-age child.

For more information or to enroll, please call (231) 924-7435.

After School Programs

Thanks to a generous grant from the Fremont Area Community Foundation, Fremont Public School is able to offer After School Programs for all K-12 students.

Kindergarten through eighth-grade programs are available Monday – Friday following school until 6:00 p.m. These programs include: snack, physical fitness activities, homework/tutoring support, crafts and games.

With the exception of the Kindergarten ASP, which is held at the Packers’ Pride Child Care Center located at the Quest High School building, all other ASP programs are held on-site at each school building.

Fees for K-5 programs are \$125/semester; \$30/month; \$3/day. Reduced rates for free and reduced lunch students are \$50/semester; \$10/month; \$1/day.

Fees for sixth- through eighth-grade programs are \$40/semester; \$10/month; \$1/day. Reduced rates for free and reduced lunch students are \$20/semester; \$5/month; \$1/day.

Registration forms for After School Programs may be found on-line at www.fremont.net or picked up from the Quest office. For more information, please call (231) 924-0470.



Quest High School Students Pictured Here



Quest High School

a student centered environment focused on your success!



Now accepting applications!

Athletics



- Flag Football
- Boy's Basketball
- Girl's Volleyball
- Co-ed Softball



Academics

- High School Curriculum aligned to state benchmarks
- Career Pathway program to help determine a direction to your future
- Credit Recovery

Personal attention



- Personal academic advisor for every student
- Small class sizes
- Family environment

For more information call (231) 924-0470 or check our website www.fremont.net

Welcome Back!

On behalf of the staff at Quest Educational Programs and Family & Community Resources, we welcome you back to another school year.

Packers' Pride Child Care and our Kids University Summer Camp were both busy providing a safe and caring environment for children over the summer and keeping the learning process going throughout the summer months.

We look forward to serving your family, whether it is through Quest High School, Quest Adult Education, Packers' Pride Child Care or the After School Programs. Have a great 2010-2011 school year!

- Tracy Sanchez, Quest Educational Programs Director

Packers' Pride Child Care Another Beginning

It's hard to believe that it is already mid-August! We have been busy planning our 2010-2011 pre-school year (pre-school is included for children ages 2-weeks to 6-years-old enrolled in full- or part-time childcare). In addition, Packer Pride Child Care offers morning and afternoon pre-school sessions for children ages three- to six-years-old.

This year, we will concentrate on calendar events, colors/shapes, numbers/alphabet, and pre-reading. We will also focus on health and fitness, as well as social and emotional well being. A large part of this curriculum is field trips and guest speakers. We will be visiting a pumpkin patch, going Christmas caroling and visiting John Ball Zoo (just to mention a few).

Plans are also underway for a Kindergarten After-School Program. Health and fitness follows through to the end of the children's day with a nutritious snack followed by an introduction to some of the activities children can enroll in through Fremont Community Education. The ASP-K is not limited to physical activities, though. Also included is time for pleasure reading, social games and activities, as well as craft, cooking and science projects.

Looking back on a few of the summer session events at Packers' Pride Child Care Center sets the stage for what's to come. The children and care givers began by planting a garden of pumpkins and sunflowers. They have enjoyed planting the seeds, as well as watering and tending to the plants. We also packed up our wagon with a picnic lunch and set out for the petting zoo at the library during the National Baby Food Festival. The kids really liked seeing all the different animals and even held a "real rat!"

Beach Day was probably the favorite of the summer as ABC's and 123's were set aside for playing in sand and water all day (what the children didn't know was that they were weighing and measuring (math) and writing in the sand (kindergarten readiness). Pre-school is so much fun!

Anyone interested may visit Packers' Pride Childcare Center at the Fremont Community Education Building. You may also call Allison for more information at (231) 924-7435 or at (231) 924-3940. Also, please feel free to visit us on the internet at www.fremont.net, under community school.

Homeless Youth Support

Who is homeless?

The term "homeless children and youth:"

- Individuals who lack a fixed, regular and adequate nighttime residence...; and
- Includes -
- (i) children who are sharing the housing of other persons due to loss of housing, economic hardship, or a similar reason; are living in a motel, or camping ground due to lack of alternative accommodations.
- (ii) children who have a primary nighttime residence that is a public or private place not designed for or ordinarily used as regular sleeping accommodations.
- (iii) children and youths who are living in cars, parks, public spaces, abandoned building or similar setting.

F.C.E. Homeless Youth support can help make sure your child is enrolled in school if you are missing enrollment documentation such as: Birth certificate, immunization and/or residency verification. We can also make sure the student receive free breakfast and lunch while they are at school and help your family find resources to help you through your current situation. For more information, please call (231) 924-0470.

Food Service News

The food service staff will continue to serve the students of Fremont Public Schools with a variety of quality foods throughout this school year. Breakfast and lunch will be offered beginning Tuesday, September 7.

On scheduled half days, breakfast will be served, but there will be no lunch. On weather delayed days, breakfast will not be served, but lunch will be available.

Deposits, Histories & Lunch Applications On-Line

The food service department's Point of Sale (POS) cash register system - called Meal Magic - allows parents to access their child's accounts, view histories, make credit card deposits and apply for free or reduced lunches on-line with a secure internet connection. If you have computer/software problems with either of these services please call Meal Magic Corporation at (877) 383-3100 - select #2.

In order to deposit money on line, parents must set up an account and password. Please go to sendmoneytoschool.com and click on the sign-up link, put in your e-mail address, password and answer any other questions. You will need to know your student's ID# in order to access his/her account. If you do not know your student's ID#, please call the food service director at 231-924-8160 to get this information. Once on the website, you can deposit money on line and view your student's balance and history. All deposits will be received into your child's account within 15 minutes and you can make deposits for more than one child using only one transaction. There is no minimum deposit, but there is a set \$2.25 service fee for all deposits made on line. A bonus amount of six percent will be deposited into your child's account for any deposits of \$100 or more per child, which would offset the on line service fee.

Apply for Free and Reduced meals on-line by going to www.LunchApp.com. Select Fremont Public Schools and answer the questions. When using this site, you will no longer need to send in the paper application and, in most cases, your approval will be completed in one business day or less. Documentation of your income may still be requested during the verification period.

Computerized Pre-Paid Breakfasts & Lunches How Does It Work?

Students who were eligible for free and reduced priced meals last May will automatically qualify for the same meal program until September 30. By that time, a new application, included in this newsletter, available at all schools, and on-line at www.LunchApp.com, must be filled out and approved. All students should be listed on one family application. If a new application is not filled out and approved, students will be charged full price as of Monday, October 4.

Fremont Public Schools Food Service Department operates with computerized cash registers in all schools. This computer system operates on the same database as the school student files and therefore names, addresses, grades, etc. will be accurate per the school office.

Lunch balances, whether positive or negative, will also be carried forward to the next grade and school. Students starting the school year with a NEGATIVE balance of \$8.00 or more from the previous school year will be denied lunch or breakfast until that debt has been paid. "Overdue" slips were sent home several times at the end of the school year to let you know your child's balance.

If you would like to know your child's balance, you may call (231) 924-8160. Pink "overdue" slips will be sent out to all elementary parents on Thursdays during the school year to keep you informed of your child's balance. Please watch for these slips in your elementary student's school bag. Middle and high school students will be verbally reminded when their balance is low or overdrawn.

The computerized cash registers operate on a "pre-payment debit" system not a "charging" system. Students/parents should deposit a lump sum into their account to purchase breakfasts, lunches or ala carte items. To promote a larger prepayment amount, the Food Service Department will offer parents a "Six Percent Bonus" for any deposits of \$100 or more per student. This bonus amount will be added directly into your child's account. On-line credit card deposits can now be made at www.sendmoneytoschool.com.

All money for student meals must be sent in an envelope with the student's name, ID number and amount on the outside so the cashier can correctly deposit it. Family deposits can be made as long as it is clear how much is to be deposited for each child. Checks are recommended, and you can include the student ID# in the memo section. For cash deposits, the envelope acts as a receipt. Lunch envelopes are available in each school office, cafeteria and in many classrooms.

As a courtesy to parents and students, the students may be allowed, with the permission of the cashier, to charge occasionally, but repayment is expected the next day. After \$8.00 in charges, the elementary students will be denied breakfast or lunch but will be offered a peanut butter sandwich and milk to give them something to eat on that day. A maximum of three sandwiches will be offered to students with a negative balance. After three days, the student will be denied all food until the debt has been paid. Parents can make payment arrangement for extenuating circumstances by contacting the food service cashier at their child's building.

Detailed student meal histories are available through the computer system and on line by setting up an account at www.sendmoneytoschool.com. Parents and students are expected to keep track of their student balances or call the food service cashier in your child's building if you are unsure of the current balance. Elementary students with a negative balance of \$1.00 or more will receive a pink "overdue slip" each Thursday to take home. This slip explains the procedure in place for handling negative accounts and lists all building cashier's phone numbers.

If you have any questions regarding the food service program, please contact Denise McDaniel, director of food services at (231) 924-8160.

Each year, a new food services substitute list is compiled. Any parents, grandparents or friends interested in helping out in the lunch room during serving times as a paid substitute should contact Director of Food Services Denise McDaniel at (231) 924-8160. These jobs will normally be three hours per day between the hours of 11:00 a.m. and 2:00 p.m. The rate of pay is \$7.40/hour.

Daily Lunch Options

Most parents have no idea what food options their child may have during lunchtime at Fremont Public Schools. Unless a parent has visited the lunchroom, it is difficult to realize the variety of foods offered to your child each day.

If you have an elementary student, you may see a menu come home each month with the main entrees, a vegetable and assorted fruits listed. However, this is not all that is offered to them.

If you have a middle or high school student, you probably have never seen a menu. Menus are posted in several places in the schools and extra menus are available in the office or from the kitchen to take home. The menus are also posted on the school's Internet web page every day (www.fremont.net).

The following is a summary of what your child is offered each day...

GRADES K-5 – PINE STREET PRIMARY, PATHFINDER, & DAISY BROOK SCHOOLS

These schools follow the basic elementary menu for the three main entrée choices each day for \$1.75. However, along with the listed menu items, students are offered two vegetable choices, four to five fruit choices, extra chocolate or white milk. Desserts or extra items are offered once a week. The elementary menu is also published in the Times Indicator.

GRADES 6-8 – FREMONT MIDDLE SCHOOL

The Food Service Department offers your middle school child at least four choices for a nutritious balanced school lunch each day...

“MAIN STREET” – Regular Lunch Line for \$2.00 – Meal includes choice of pizza, sandwiches or one other main item each day. Students also have a choice of French fries, vegetables, lettuce salad, fruit, additional bread, milk and sometimes dessert. Pre-payment is required for this line. Deposits of \$100 or more qualify for a six percent bonus added to the student's account.

“SIDE STREET” – Food Bar (Monday & Friday) for \$2.00 – This line will offer a regular food bar lunch at least twice a week such as a sub or sandwich bar, walking tacos or meat and cheese nachos. Students will also have the choice of vegetables, fruits, bread, milk and sometimes dessert. Pre-payment into a student's account is required for this line.

“SIDE STREET” – Fast Food (Tuesday, Wednesday & Thursday) – We will offer a full school lunch on these days for \$2.50 or items may be purchased ala carte. This line will offer Spanky's pizza and breadsticks on Tuesdays; Subway Subs on Wednesdays; and Pizza Hut pizza and breadsticks on Thursdays. Prepayment into a student's account is required for this line.

“THE ALLEY” – Ala Carte Line - All items offered are individually priced. Hot items may include pizza sticks, egg rolls, cheese pretzels, Bosco cheese breadsticks, chicken strips, and popcorn shrimp. Cookies, string cheese, chips, Twix, yogurt, dill pickles, various drinks, and some ice cream products are offered daily. This line is “cash only.” Students may not use their student accounts for this line.

GRADES 9-12 – HIGH SCHOOL

High School students have numerous choices each day...

“POWERLINE” – Regular Lunch Line for \$2.00 – Price includes choice of pizza, sandwiches and one or two additional items each day. Students also have the choice of French fries, vegetables, lettuce salad, fruit, additional bread, milk and sometimes dessert. Pre-payment of lunch money is encouraged and helps speed up service for this line. Deposits of \$100 or more qualify for a six percent bonus added to the student's account.

“CIRCUIT BREAKER” – Fast Food Lunch & Ala Carte – Hamburgers, chicken strips, egg rolls, pizza, chips and cheese, fries, chips, yogurt, a variety of drinks and other snacks are offered. Mancino's subs/pizza are offered on Mondays, Spanky's pizza and breadsticks on Tuesdays, Subway subs on Wednesdays, Pizza Hut pizza and breadsticks on Thursdays and Little Caesar's pizza and breadsticks on Fridays. Most of these meals will be bundled into a COMBO lunch that includes fruit, vegetable and milk for \$2.50 or items may be purchased as individually-priced ala carte items. Students may use money from their account or pay cash for this line.

“SNACK ATTACK” – Ala Carte Line (All Items Individually Priced) - Pizza sticks, mozzarella cheese sticks, pretzels, chicken fries, Bosco cheese breadsticks, onion rings, fries, ice cream items, chips, drinks and other snack items are offered. Students using this line can use money from their account or pay cash.

PARENTS PLEASE NOTE: If you want to ensure your child is spending his/her allotted money on a “balanced lunch” and not on ala carte items, it is highly recommended that you prepay for lunches and indicate on your check or write a note stating your preference. This will code the computer with your wishes and prevent your child from spending his/her lunch money on other items of less nutritional value. Deposits of \$100 or more qualify for a six percent bonus added to the child's account.

2010-11 Food Prices

Breakfast - All Schools	\$1.25
Milk – All Schools	\$.50
Elementary Lunch (K-5)	\$1.75
Secondary Lunch (6-12)	\$2.00
Adults	\$2.50

Letter to Parents Regarding Free & Reduced Meals

Dear Parent/Guardian:

Children need healthy meals to learn. Fremont Public Schools offers healthy meals every school day. Students may buy elementary lunch for \$1.75, middle school and high school lunch for \$2.00 and \$2.50 and breakfast for \$1.25 at all schools. Your children may qualify for free meals or for reduced price meals. We sell reduced price lunches for \$.40 and breakfasts for \$.30.

1. Do I need to fill out an application for each child? No. Complete one Free and Reduced School Meals Family Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all the required information. Return the completed application to: Denise McDaniel, Fremont Middle School, (231) 924-8160 or apply on line at www.LunchApp.com.
2. Who can get free meals? Children in households getting Food Stamps, FIP or FDPIR and most foster children can get free meals regardless of your income. Also, your children can get free meals if your household income is within the free limits on the Federal Income Guidelines shown on this application.
3. Can homeless, runaway and migrant children get free meals? Please call Tracy Sanchez, the homeless and migrant liaison, at (231) 924-0470 to see if your child(ren) qualifies - If you have not already received a letter informing you that they are eligible for free meals.
4. Who can get reduced meals? Your children can get low-cost meals if your household income is within the reduced price limits on the Federal Income Chart shown on this application.
5. Should I fill out an application if I received a letter saying my children are approved for free or reduced price meals? Please read the letter carefully and follow the instructions. Call the school at (231) 924-8160 if you have questions.
6. I receive WIC. Can my child(ren) get free meals? Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.
7. Will the information I give be checked? Yes. We may ask you to send written proof of income.
8. If I don't qualify now, may I apply later? Yes. You may apply at any time during the school year if your household size goes up, income goes down or if you start getting Food Stamps, FIP, FDPIR or other benefits. If you lose your job, your children may also be able to get free or reduced price meals.
9. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing to: Bing Hanson, 220 W. Pine Street, Fremont, MI 49412 (231-924-2350).
10. May I apply if someone in my household is not a US citizen? Yes you can. You or your child(ren) do not have to be a U.S. citizen to qualify for free or reduced price meals.
11. Who should I include in as members of my household? You must include all the people currently living in your household, related or not such as grandparents, other relative, stepchildren or friends. You must include yourself and all the children who live with you and any income earned by these people.
12. What if my income is not always the same? List the amount that you normally get. For example, if you normally get \$1,000 each month, but you missed some work last month and only got \$900, put down that you get \$1,000 per month. If you normally get overtime, include it, but do not include it if it is occasional.
13. We are in the military. Do we include our housing allowance as income? If your housing is part of the Military Privatization Initiative, do not include your housing allowance as income. All other allowances must be included in your gross income.

Your children may qualify for free or reduced price meals if your household income falls within the limits on the following chart.

2010-11 GROSS INCOME CHART

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,036	1,670	835	771	386
2	26,955	2,247	1,124	1,037	519
3	33,874	2,823	1,412	1,303	652
4	40,793	3,400	1,700	1,569	785
5	47,712	3,976	1,988	1,836	918
6	54,631	4,553	2,277	2,102	1,051
7	61,550	5,130	2,565	2,368	1,184
8	68,469	5,706	2,853	2,634	1,317
Each additional Person:	6,919*	577*	289*	267*	134*

- Denise McDaniel, Food Service Director - (231) 924-8160

FREMONT PUBLIC SCHOOLS

2010 - 2011

FREE AND REDUCED PRICE SCHOOL MEALS FAMILY APPLICATION

Part 1- FOSTER CHILD Yes ___ No ___ **FOSTER HOME LICENSE NUMBER:** _____

Foster Children – In most cases foster children are eligible for free meals regardless of your household income. These children are considered to be a household of one.

- A.** The welfare agency or court is legally responsible for the child and the foster home is, in fact, an extension of the welfare agency or court.
- B.** The child is a resident of a licensed “Group Foster” home or a residential institution.
- C.** Other (described): _____

Only the foster child’s spending money is counted as income on this application. Do not include money from occasional or part-time jobs like paper routes or babysitting. If you have questions, please contact the school.
 SPENDING MONEY PER MONTH: \$ _____

Part 2- HOMELESS ___ **MIGRANT** ___ **RUNAWAY** ___

Part 3- CHILDREN IN SCHOOL (Use a separate application for each foster child)

STUDENT’S NAMES	SCHOOL NAME	GRADE	Does your child receive Food Stamps/FIP/FDPIR If “YES,” you must list a case number (Not a Medicaid or Bridge Card Number)
1.			NO ___ YES _____
2.			NO ___ YES _____
3.			NO ___ YES _____
4.			NO ___ YES _____
5.			NO ___ YES _____

If you listed a Food stamp/FIP/FDPIR case number for EACH child, skip to Part 5

Part 4- TOTAL HOUSEHOLD GROSS INCOME—YOU MUST TELL US HOW MUCH AND HOW OFTEN RECEIVED.
 Gross Income- Example: \$100/Month, \$100/ Twice a month, \$100/Every 2 weeks, \$100/Week

A. NAME (List everyone in household)	B. GROSS INCOME & HOW OFTEN RECEIVED				
	Earnings from work before deductions	Welfare, child support, alimony	Pensions, retirement, Social Security	All other income	Check if NO income
Example: JANE SMITH	\$ \$100 /month	\$ \$100 /biwk	\$ \$100 /wk	\$ _____ / _____	___ NO
1.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
2.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
3.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
4.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
5.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
6.	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	___ NO
Total Monthly Income	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	

Part 5- SIGNATURE AND SOCIAL SECURITY NUMBER: I certify that all of the above information is true and correct, and that all income is reported. I understand that this information is being given for the receipt of federal funds, that school officials may verify the information on the application, and that deliberate misrepresentation of the information may subject me to prosecution under applicable state and federal laws. **The SOCIAL SECURITY NUMBER IS REQUIRED.**

X _____
 (Signature of adult household member) (Adult SSN, if none, write “none”) Date

Print Name _____ Home Phone # () _____ Work Phone # () _____

Street/Apt. No. _____ City/State/Zip _____ County _____

DO NOT FILL OUT THIS PART. THIS IS FOR SCHOOL USE ONLY.

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice a month x 24, Monthly x 12

Household Size: ___ Total Gross Income: \$ _____ Week ___; Every 2 Weeks ___; Twice a Month ___; Month ___; Annual _____ Foster Child: ___ Categorical Eligibility: ___

Eligibility: Free ___ Reduced ___ Denied ___

Temporary Free ___ Time Period: _____ (expires after ___ days)

Reason for Denial: ___ Income too High ___ Incomplete Application ___ Other (specify) _____

Determining Official’s Signature: _____ Date: _____ Date Withdrawn: _____

Questions?? Call Denise McDaniel, Director of Food Services, at (231) 924-8160

2010 - 2011 Food Prices

Breakfast – all schools - \$1.25	Milk – all schools - \$.50
Elementary lunch (K-5) - \$1.75	Secondary lunch (6-12) - \$2.00

*For Free or Reduced Information, See Application Above

DEAR PARENT OR GUARDIAN:

Fremont Public Schools serves meals every school day. Students may buy lunch for \$2.00 Secondary, \$1.75 Elementary, Breakfast for \$1.25, and milk for .50 cents. If a doctor has determined that your child has a disability that would prevent the child from eating the regular school meal, the school will make any **substitution prescribed by a doctor** at no extra charge. For further information call Denise McDaniel at (231) 924-8160. The doctor's statement, including the prescribed diet and/or substitutions must be submitted to the Food Service Department at your school.

Students may be able to get meals free or at a reduced price. If you now get **Food Stamps or Family Independence Program (FIP)** for your child, that child can receive free meals. If your total household income is the same or less than the amounts on the income chart (below), please apply for reduced price or free meals. A foster child may receive free or reduced price meals even if your income is higher than that on the chart. Reduced price lunches are .40 cents and breakfasts are .30 cents.

FOR YOUR CHILD TO RECEIVE FREE OR REDUCED PRICE MEALS, YOU MUST COMPLETE THE APPLICATION ON THE REVERSE SIDE & RETURN IT TO THE SCHOOL. WE CANNOT APPROVE AN APPLICATION THAT IS INCOMPLETE

APPLICATION INSTRUCTIONS AND INCOME CHART BELOW

FOOD STAMP/FIP HOUSEHOLDS: Write the child's name, the food stamp or FIP case number for that child and the signature of an adult household member on the application.

FOSTER CHILD: Write the foster child's name, his/her personal income and the signature of an adult on the application.

ALL OTHER HOUSEHOLDS: The application must have all the children's names and the names of all household members. List the amount of income each person received last month with the source of each person's income (example: pay, social security, etc.). The signature and the social security number of the person completing the application must be included (or the word "none" if that adult does not have a social security number).

REAPPLY: You may reapply for meal benefits at any time during the school year. If you lose your job, if your income decreases, if your family size increases, if you begin receiving food stamps or FIP, fill out an application at that time.

PROOF OF INCOME: The school may request verification of your household income or proof of food stamp or FIP information at any time during the school year.

2010-11 GROSS INCOME CHART

Application Instructions:
Your children may qualify for free or reduced price meals if your household income falls within the limits on this chart.

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,036	1,670	835	771	386
2	26,955	2,247	1,124	1,037	519
3	33,874	2,823	1,412	1,303	652
4	40,793	3,400	1,700	1,569	785
5	47,712	3,976	1,988	1,836	918
6	54,631	4,553	2,277	2,102	1,051
7	61,550	5,130	2,565	2,368	1,184
8	68,469	5,706	2,853	2,634	1,317
Each additional Person:	6,919*	577*	289*	267*	134*

YOU WILL BE NOTIFIED WHEN YOUR APPLICATION IS APPROVED OR DENIED.

Part 7- Child's Racial/Ethnic Identity (optional)

Check one or more racial identities:

- American Indian or Alaskan Native
- Black or African American
- Native Hawaiian or Other Pacific Islander

Check one ethnic identity:

- Asian
- White
- Other
- Hispanic or Latino
- Neither Hispanic or Latino

Privacy Act Information: Social Security Number & Shared Information

The Richard B. Russel National Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. The Social Security Number of the adult household member who signs the application is required unless you list a Food Stamp or FIP/FDPIR case number for your child, OR if you are applying for a foster child. You must check the "I do not have a SSN" box if the adult household member signing the application does not have a Social Security Number. We will use your information to see if your child is eligible for free or reduced price meals and for administration and enforcement. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program review, and law enforcement officials to help them look for violations of program rules. These facts must be told to the household member whose Social Security Number is given. Any other use of the SSN must be specified here.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call 202-720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer.

VERIFICATION-FOR SCHOOL USE ONLY

Date Selected for Verification _____
Response Due from Household _____
Second Notice Sent _____

SAMPLE SELECTION: _____ 100%
_____ Focused _____ Random _____ Other _____

FOOD STAMP/FIP ELIGIBILITY:

- Not Confirmed
- Confirmed:
- Food Stamp Office
- Notice of Eligibility
- ATP Card Issued monthly

INCOME: \$ _____

- Monthly Yearly
- Wage Stubs
- Written Documents
- Collateral Contact
- Agency Records
- Other _____

VERIFICATION RESULT:

- Free to Reduced
- Free to Paid
- Reduced to Free
- Reduced to Paid
- No Change

Questions?? Call Denise McDaniel, Director of Food Services, at (231) 924-8160

Free & Reduced Meal Application



FREMONT PUBLIC SCHOOLS, IN PARTNERSHIP WITH PARENTS AND OUR COMMUNITY, STRIVES TO EDUCATE ALL STUDENTS, INSPIRING THEM TO BECOME LIFELONG LEARNERS AND RESPONSIBLE CITIZENS.

The Truth about School Lunch

After reading and compiling the results of lunch surveys completed by our students, there seems to be many misconceptions of what is offered for school lunch. I am summarizing and commenting on some of the more popular comments, myths, stereotypes, and facts based on several different research studies in school nutrition.

Childhood obesity has risen to epidemic proportions in the country and Michigan has one of the highest rates in the country. The childhood obesity problem, which also leads to diabetes and other health issues in children, has brought a new focus on what our children are eating and the sedentary life style they are developing. The school nutrition programs have been criticized for not serving healthy meals and contributing to this problem.

School meals today follow federal nutrition guidelines and serve more fresh fruits and vegetables, whole grains, and low-fat dairy products than ever before. School nutrition staff are preparing and serving balanced, nutritious meals in an age-appropriate portion size that provides needed nutrients and promotes healthy childhood weight.

Some Common Myths & Stereotypes

School meals make children obese: Schools are blamed for making children obese, but please remember the facts... Out of the 1,095 possible meals a child can eat in a year, school lunches could only make up a maximum of 180 of those meals (if a child chose to eat one meal every day) – that is only 16 percent of their possible food intake per year. Therefore, these meals are not responsible for their eating habits or long range obesity. In fact, school lunch participants are more likely than non-participants to consume more vegetables, milk, meat and other protein-rich foods, and less soda and fruit drinks - both at lunch and throughout the day.

School lunches do not serve healthy food: The lunch and breakfast programs are based on five food components – protein, bread, fruit, vegetables, and milk. Students must take at least three but up to five components to qualify for a reimbursable school meal. Every three years, the school is audited for the food nutrients and calories actually consumed during a week time period and all nutritional components are averaged. FPS has always been in the acceptable range for the following K-6 lunch standards:

Calories	664
Sodium	<= 1000 mg
Fiber	>= 5 g
Iron	3.5 mg
Calcium	286 mg
Protein	10 g
Tot Fat	<= 30% of total calories
Sat Fat	<= 10% of total calories

Schools don't serve enough fruits- FPS serves at least four canned fruits and three fresh fruits daily, as well as 100% juice – plus in season, we serve grapes, watermelon, and cantaloupe.

Schools don't serve enough vegetables – Potato products are considered a vegetable for school guidelines. However, none of the potato products are fried. They are all baked. Other vegetables offered are corn, green beans, and California blend. Fresh vegetables include lettuce, carrots, celery, coleslaw, and broccoli (on a monthly basis).

Schools serve fried, greasy foods – Although schools serve pizza, french fries, and chicken nuggets, these foods still meet the total nutritional guidelines and all lunch products are baked, not fried. Protein items containing cheese will be greasier, but pepperoni is used minimally, and many cheese products are reduced fat. All ground beef is browned, drained, and rinsed before use in menu items.

Schools serve too many carbs/breads – Lunch guidelines require us to serve at least two serving per day, but a total of 12 (K-6) and 15 (7-12) servings per week. Most sandwiches contain two breads. FPS serves whole grain products such as bread, rolls, many cereals, and some pizza and processed products. Our hamburger and hot dog buns are not whole grain yet.

Sack lunches from home are better than school meals - School lunches contain fewer calories from fat than lunches from home. Also, school meals contain three times as many dairy products, twice as many fruit, and seven times the vegetable amounts as lunches brought from home. A prepackaged store lunchable is usually high in fat and very high in salt. Chocolate and white milk is available daily to increase milk consumption for hot and cold lunchers. Students do not drink enough milk products for their healthy growth.

Schools serve too much processed foods - It is true that many entrees - such as chicken nuggets, patties, lunch meat, hot dogs , pizza, corn dogs, etc. - are processed convenience foods. This is mainly due to stringent guidelines on the safety of food from food borne illnesses, documented processing, and nutritional records. Schools handle very little raw meat, as it has great potential for cross contamination and illness. Food accepted from non-certified vendors poses the risk of potential problems that can't be documented. FPS does make casseroles and bakes its own desserts.

Fremont Public Schools

2010-11 School Matters

<http://www.fremont.net>

August 2010



**Fremont
High
School**

**Fremont
Middle
School**



**Daisy Brook
Elementary**

**Pathfinder
Elementary**



**Pine Street
Primary
Center**



**Quest
High School**



**Quest
Educational
Programs**

A Publication of Fremont Public Schools