Going outdoors is not cancelled, listening to music is not cancelled, quality time with our families is not cancelled, reading a book is not cancelled, sharing with friends is not cancelled, singing out loud is not cancelled, laughing has not been cancelled, sharing HOPE with others has not been cancelled. Let's EMBRACE what we have.

Share for hope

When this is over, may we never again take for granted A handshake with a stranger Full shelves at the store Conversations with neighbors A crowded theatre Friday night out The taste of communion A routine checkup The school rush each morning Coffee with a friend The stadium roaring Each deep breath A boring Tuesday Life itself.

When this ends, may we find that we have become more like the people we wanted to be we were called to be we hoped to be and may we stay that way—better for each other because of the worst.

LAURA KELLY FANUCCI



Also Contagious... Kindness, Respect, Honor, Enthusiasm, Hope, Friendship, Laughter, Love, Teamwork, Courage

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Every situation in life is temporary. So, when life is good, make sure you enjoy and receive it fully. And when life is not so good, remember that it will not last forever and better days are on the way.

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Ok, but honestly, how privileged are so many of us that during a global pandemic, we can just stay warm at home, reading, working, still being educated, creating, talking to our loved ones, with little worries and a fridge stocked with food?

Do remind yourself to be grateful today.

Lessons Taught

By LIFE